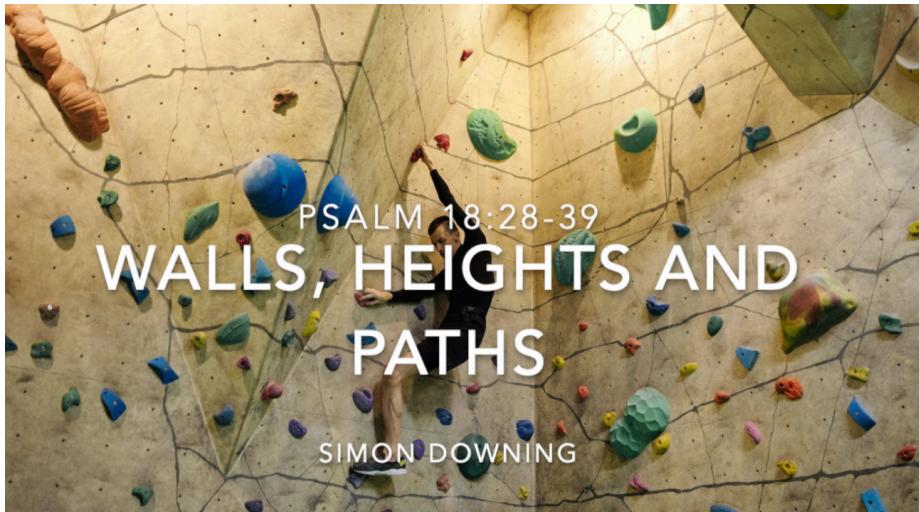


# ABC NEWS



## ABC ONLINE – TWICE A WEEK – EVERY WEEK

### Walls, heights and paths

Today we will finish our reflections on Psalm 18, and our focus is on verses 28-36, with a specific emphasis on v29 at the end. I believe the Lord has asked me to speak on this psalm, over the last few weeks and today, because there is an important structure within it, related to prayer, that we will need in the future. I believe that God is calling us to a deeper level of prayer, and it is the type of prayer needed in order that we might stand, yes as Christians, but also, the type of prayer necessary to get the breakthrough! The days are getting more difficult and pressured, and we are also called to reach out to the lost, therefore we need to pray, and pray with this psalm's teaching in mind.

### Our online services

Our Sunday morning service will go "live" at 6pm on a Saturday evening. However, if possible, we would like you to join us on Sunday in prayer at around 10.20am before watching the service at 10.30am as normal. Please pray for your church family and for all the frontline workers who are keeping us going in these difficult times. Please pray too for our prime minister and the cabinet who have the unenviable task gradually easing lockdown. It is becoming clear that, as the lockdown continues, people will become more agitated, so, as we said last week, we need to keep our eyes firmly fixed on Jesus.

You [Click here](#) to go directly to the service page.

The title of our midweek service this week is entitled, "Submit yourself to God." This is our third study together in this little mini-series on the book of James.. James was the half-brother of Jesus brought up in the same household with the same mum and dad (Mary and Joseph) but with one big difference - God through the Holy Spirit was his brother's Father and Jesus the Son of God was his brother. Can you imagine that - living every day in the presence of God? We talk about living in God's presence and it is something we aspire to as Christians - but James should be an expert on it and the implications of it.

If you missed any of earlier services these can be viewed online services by going to <http://www.aldwickbaptist.co.uk/latest-news/online-sermons>

**SERMON' NOTES** – Over the weekend, we will be emailing the notes from Simon's talk today together with the news sheet. If you don't have an email address, then we will be hand delivering both the news sheet and the notes to you early next week.

**PLEASE JOIN SIMON FOR PRAYER** - On Monday, Simon intends to pray for the church at 9.30am. He would like us all to set this time apart to join him in prayer before he sets out on his rounds.

**JUST TO CLARIFY** – Although the latest advice from the government implied that churches can now open from 4<sup>th</sup> July, we will not be doing so. Although we now have the government's guidelines on opening churches, we feel that the conditions placed on opening cannot be safely implemented at ABC and so, for the time being, we will remain closed. We believe most other churches will do the same. Consequently, our message remains - "**NOT YET ABC**".

**CELEBRATING BIRTHDAYS** – Even in isolation, don't let us miss your birthday! So, if you know of any pending birthdays, just let me know. This week its Nicky Downing's birthday on Monday 27<sup>th</sup> July. So Happy Birthday Nicky!!

**URGENT PRAYER REQUESTS** - If you have, or know of, an urgent need for prayer in the coming week then please contact Simon as first responder. He will then activate the prayer chain as appropriate.

## BMS' Coronavirus World Response: The Latest Updates

- We're funding the creation of a temporary hospital dedicated to treating Coronavirus patients in northern Chad.
- We're offering soap and handwashing guidelines to the children and families involved in our preschool education projects in Mozambique. We're also offering financial support to the teachers involved in this project, as schools in Mozambique have been closed, as well as providing resources to children having to learn from home.
- We're providing food parcels to vulnerable families across Peru.
- We're providing food parcels and hygiene items to at risk families across Tunisia.
- We're providing seeds to farmers in Uganda to help them support themselves and their families during a time of food insecurity.
- We're providing food and other basic necessities to families in Albania who have a limited income and are at increased risk due to lockdown.
- We're providing food and soap to at-risk families in Bangladesh who currently have limited access to necessities.
- We're providing equipment to Guinebor II hospital in Chad to keep the hospital running and enable staff there to carry out crucial temperature screening to ensure people with Coronavirus symptoms get the appropriate care.
- In India, BMS has helped distribute over 28,000 meals to informal workers who can't find work across Delhi and Kolkata.
- We've provided emergency food parcels for vulnerable families across Sri Lanka who are unable to purchase food and other necessities during lockdown.
- We're enabling hospitals across Nepal to support patients in need by providing Personal Protective Equipment (PPE) for staff and contributing to hospital running costs, as well as providing food and hygiene parcels to people with little to no daily income.
- We're offering mental health support and counselling services for staff and patients affected by the stigma of Coronavirus in Afghanistan.
- Pray for the response to the virus around the world. Pray that God will enable the work of our partners to continue where possible, and that our workers who are actively fighting the virus will remain healthy.

**FRIDAY NIGHT IS QUIZ NIGHT** – Every Friday at 7.15pm, Jon Robinson (my son) is organising a quiz through his church website and on Facebook. It lasts around 20 minutes and is really good fun. If you want to take part then join via [www.stjohnssouthbourne.com](http://www.stjohnssouthbourne.com) or through the We Love Southbourne Facebook page ([facebook.com/welovesouthbourne](https://facebook.com/welovesouthbourne)). Derek

## ...and finally

When we get to a certain age, I'm afraid we start losing friends along the way. One of my dearest friends had a habit of always saying "see you later" when he said goodbye. I wrote this poem in his memory and called it, "See you later."

See you later

Good my friend.

I will see you later

It's been great to know you all these years;  
All the happy days and sometimes tears.

Goodbye my friend.

It's been a privilege to share all those times along the way

There is so much more I would have liked to say,  
Goodbye my old friend.

I will see you later

In that place away from space and time,  
Where love will rule forever

And God's light will always shine.

Yes, in that place away from sorrow and pain  
Where we will never say goodbye again.

Good my friend for now;

I will see you later

Arthur McGee

**PLEASE CONTINUE TO PRAY FOR** – Marie Stoneham, Bridget Long, Ken Tucker, Pat and Mick Parker, Maureen Jones, Marion Bryant, Chris Grant, Mary Edwards, Kate Moss, Joy Smith, Pam Brown, Stella Filby, Joan Brett, Joy Puffett, Val Collett, Pam Ryan, Tony Brock, George Woods, and for any others in our fellowship who are unwell at this time.

## Contact and Church office information

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